ANNUAL
REPORT 2023-2024
PLAY BALL
alta
CARE GROUP

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ALTA CARE GROUP

The Valley's leader in children's emotional and behavioral healthcare and Head Start/Early Head Start for Mahoning and Trumbull County.

Almost 50 years of *caring* for children *and families*.

— Results

Condensed statement of revenues and expenses and Operating Expenses for FY 2023-2024

Alta Behavioral Healthcare is devoted to providing the highest quality of professional care to children, teens and their families.

Our staff is highly skilled in helping families understand their situations and what needs to be done to bring practical solutions to the problems they face.

Our degreed teachers help children ages birth to 5 years old develop reading skills, good learning habits, social skills and self confidence. There are no fees, and hot nutritious meals and health and dental services are provided.

$12,301,310 Grant Revenue	$4,699,674 Medicaid Fees
$959,181 Mental Health Boards Program Funds	$228,102 Investment Income (Loss)
$3,201,592 Non-Federal Match	$810,125 Contract Income
$65,034 Donations	$430,871 Third-Party Fees
$33,182 Miscellaneous	$152,464 Self Pay
$99,713 Rental Income	

$22,981,248
Total Revenue

$9,900,211 Salaries & Wages	$2,999,008 Fringe Benefits
$1,733,442 Contractual	$665,361 Occupancy
$1,138,502 Supplies	$315,811 Travel & Training
$2,102,979 Miscellaneous	$3,081,110 Non-Federal Match

$21,936,424
Total Expenditures

— Parent Engagement

Alta Head Start provided many family engagement activities over the course of the year.

Alta Head Start utilized a Strengths/Needs Assessment that aligns with the Family Outcomes to identify areas of need, progress and growth. The fathers and other significant males in the children's lives were provided engagement opportunities developed by our Male Engagement Team using video, webinar, Zoom and Class DoJo.

Participation increased due to offering activities during convenient times. Several parent meetings included mini child development trainings which gave parents a better understanding of their child's development and educational activities to complete. All of these trainings were offered virtually as well as in person.

Parent education was provided through the Incredible Years Parent Education Program that was offered three times a year, Triple P Seminars and Discussion Groups, as well as, with Ohio State University Extension Parent Nutrition Education Program. We also used Parent Powered, which is an evidence based family engagement curriculum delivered via text messages.

Each week parents and caregivers receive facts and tips on how to promote their children's development by building on existing family routines. Parent Powered has developed additional webinars for our parents to participate in. Many parent education opportunities are offered through video, webinar, Zoom and Class Dojo.

Parents and children were provided activities and information through virtual options available and in-person engagement. The Back to School Celebration, Winter Wonderland, Friendship Dance and Gents & Gems Fashion Show were a huge success.

Families were also offered library services, parent/child home projects, Weekly Reader Parent/Child Homework Interaction and Carnival as some of the educational events provided for parents and children. Parents were provided with Education, Mental Health & Nutrition learning activities to do with their child throughout the school year. Many parents took advantage of these opportunities which resulted in more parent engagement.

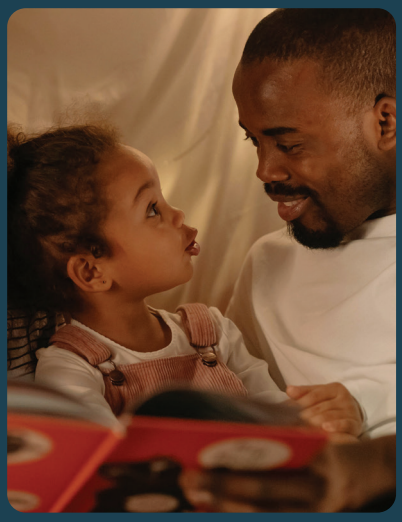
Client Demographics

ALTA BEHAVIORAL HEALTH

Gender
Age
Race

♀
47%
Female

♂
53%
Male



2,960
Total Clients Served

Behavior

12%
19+ Years Old

25%
15-18 Years Old

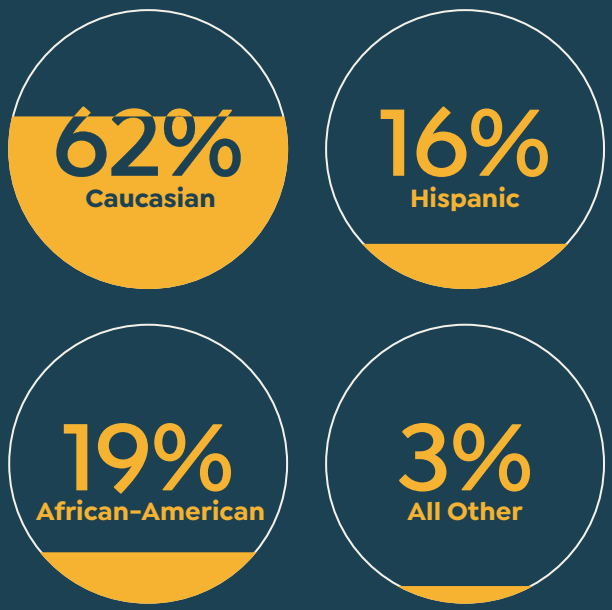
26%
11-14 Years Old

26%
7-10 Years Old

11%
0-6 Years Old

Core Services

	Total
Diagnostic Assessment (units)	1,303
Counseling (hours)	19,600
TBS Individual (units)	39,343
TBS Group (units)	148
CPST Individual (units)	10,664
CPST Group (units)	11,942
Pharmacologic	
E&M Established Patient (units)	4,138
E&M New Patient (units)	242
MH Day Treatment (units)	5,196
Crisis Psycotherapy, Crisis TBS (units)	335
Nursing (units)	7,130
ECMH Consultation (hours)	2,699
Childcare Resource Referral Consults	4
State Support Team Consults	434



The program strives to create a learning environment that develops cognitive, social, emotional and physical skills. The program encourages parents to engage in their children's learning development, as well as accomplishing their own goals.

The overall goal of Head Start is to increase school readiness and social competence in young children in low-income families, helping them to meet the kindergarten readiness goals. Our Head Start programs, as well as other Head Start programs in Ohio, have their education curriculum in alignment with State Pre-K Standards. Children participate in a variety of educational activities that reflect best practices in early childhood education.

Leading the in Early

Head Start is a ***comprehensive*** child ***development*** program which ***serves children*** age three to compulsory school age.

The mission of the *Early Head Start* program is to promote healthy prenatal outcomes for *pregnant women*, promote healthy family functioning and enhance the development of *very young children*.

Designed for children 0-3 years of age, this full-day, full-year program provides enrichment and sensory stimulation to their minds, preparing them for the learning process in either a center-based option or a home-based option. Unique to this program are services to pregnant women, providing them with support and education to assist them on their journey to motherhood.

The Alta Head Start Program prepares children for kindergarten by providing them the opportunities to learn in group settings, ensuring they are socially and emotionally ready for kindergarten. A total of 338 children transitioned into kindergarten at the end of the 2023-2024 school year. To prepare these children and families, quarterly transition materials were shared with the families.

In Early Head Start we support early bonding and attachment in the child-parent relationship and child caregiver relationships. Once the children turn three years old, they transition into our Head Start program.

way

Learning.

Results

Head Start

	Budgeted	Expended
Head Start Base Grant	$6,690,642	$6,690,642
Training and Technical Assistance	$72,990	$72,990
COLA	$374,676	$374,676
Quality	$185,662	$185,662
Total	**$7,323,970**	**$ 7,323,970**
Early Head Start Base Grant	$1,780,955	$1,780,955
Training and Technical Assistance	$28,973	$28,973
COLA	$99,733	$99,733
Quality	$43,853	$43,853
Total	**$1,953,514**	**$1,953,514**
ODE Early Childhood Expansion	$459,000	$459,000
Total	**$459,000**	**$459,000**

Total Budgeted

$9,736,484

Total Expended

$9,736,484

Total Funding Received

Head Start	$7,323,970
Early Head Start	$1,953,514
Early Childhood Expansion	$459,000
NFM	$3,144,763

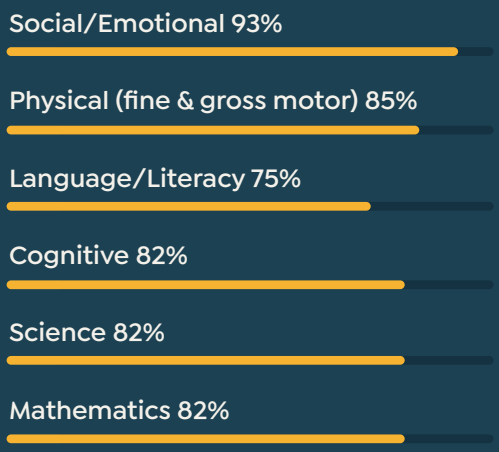
*Total NFM Report of $3,603,763 included ECE funds $459,000 and other non-GAAP donations of $296,529

*Other donations not included in the NFM report for Head Start are $120,482

Funding Total

$12,881,247

Children's developmental outcomes are assessed throughout the school year utilizing the Desired Results Developmental Profile (DRDP). The DRDP is an ongoing observation system that the program uses to assess children ages six weeks to five years old. The following table reflects the results for those 338 children who are transitioning into kindergarten through the end of the Spring quarter.



Enrollment Program (Early HS / HS)			
104 Funded Enrollment	235 Total Served	200 Families Served	
656 Funded Enrollment	778 Total Served	707 Families Served	108 ECE Slots

Avg. Monthly Enrollment

	Funded Avg.	Enrollment
Head Start	**643**	**98%**
Early Head Start	**103**	**99%**

% of Children Receiving the Following

	Head Start	Early HS
Up-to-date on physical exams	93%	89%
Oral examinations	90%	89%
Transitioned to kindergarten	338	-

Alta Board *of* Directors

Leigh Samargia-Pflug
President

Patrick O'Leary
1st Vice President

Kelly Frammartino
2nd Vice President

Mark Gallagher
Treasurer

Jessica Foster
Secretary

Susan Moorer
Member

Richard Hura
Member

Dr. Michael Cafaro
Member

Ian McKenna
Member

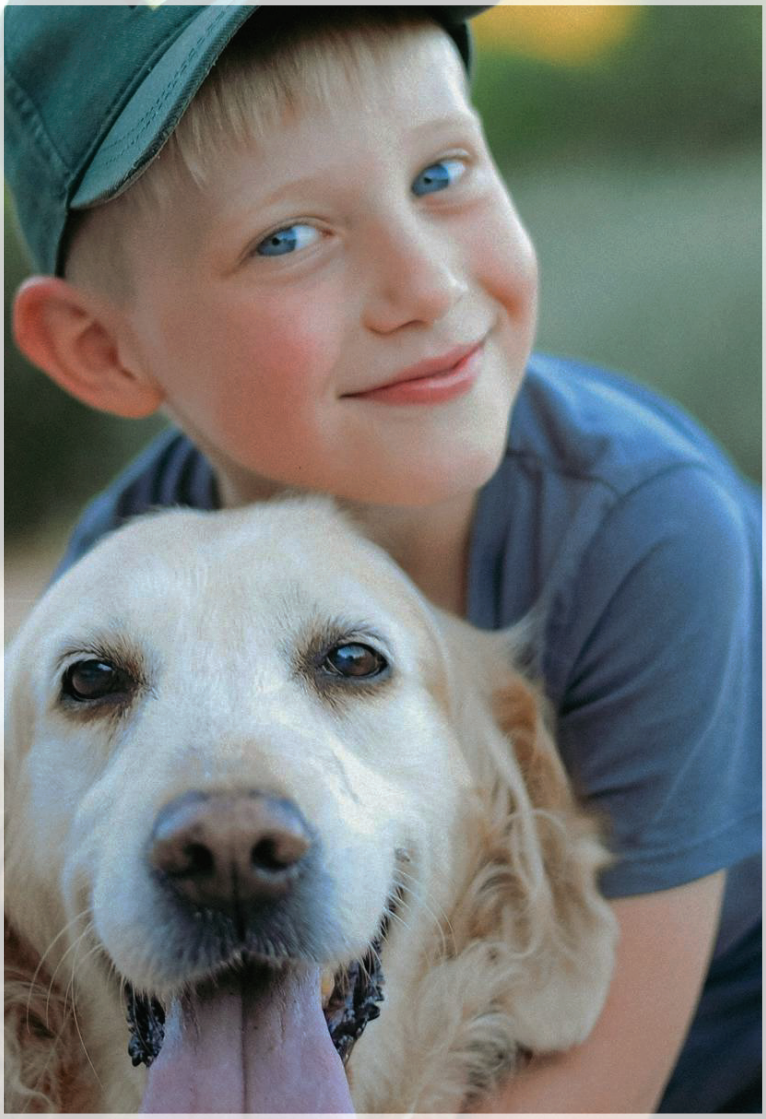
Thomas Phillips
Member

Steven Yacovone
Member

Alta
Partners

Partners and Supporters

ACLD Learning Center
Akron Children's Hospital
Beard Pension Services
Belmont Pines Hospital
Better Business Bureau
Boardman Local Schools
Cadence Care Network
Campbell City Schools
Child & Adolescent Behavioral Health Center of Excellence (CWRU)
Compass Family & Community Services
Comprehensive Psychiatry
DCW
Dr. Michael Cafaro
Dr. Michael Woloschak
Easter Seals of Mahoning, Trumbull, & Columbiana Counties
GBS
Genoa Healthcare
Governor's Office of Faith-Based and Community Initiatives
Gregg Strollo
Harrington, Hoppe & Mitchell
Help Network of Northeast Ohio
I Am Boundless
Involta
Jerome & Brenda Underwood
John & Denise Debartolo York
John & Kelly Frammartino
Kids Choice Pediatrics
Mahoning County Mental Health & Recovery Board
Mahoning County Children Services
Mahoning County Commissioners
Mahoning County District Board of Health
Mahoning County Domestic Relations Court
Mahoning County Family & Children First Council
Mahoning County Juvenile Court
Meridian Healthcare
NAMI
NEOMED
OH WOW! Event Rental
Ohio Department of Mental Health and Addiction Services
Ohio Mental Health Network for School Success
One Time For The Kids Foundation
One Health Ohio
PNC Grow Up Great
Poland Local Schools
Potential Development
Public Library of Youngstown and Mahoning County
Ryan Giambattista HELMS Foundation
Sebring Schools
Spartan Software
St. Rose Catholic School
Stambaugh School
Strollo Architects
The Counseling Center
The Ohio State University Extension, Mahoning County
The Staff at Alta Care Group
Trumbull County Mental Health & Recovery Board
Trumbull County Family & Children First Council
Ursuline High School
U.S. Department of Health & Human Services
Warren City Schools
Western Reserve Port Authority
William Swanston Fund
Youngstown State University
Youngstown YMCA

Alta Care Group

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